



## Practi-CRM

### instruction manual

#### Contact Information:

WNL Products  
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#### Warranty:

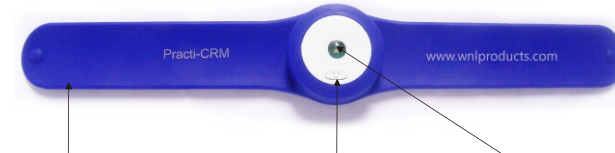
One year parts and labor  
(excludes battery)

### Product Introduction:

The Practi-CRM Compression Rate Monitor is used for validation of proper compression rate during classroom instruction of CPR. It allows for instant feedback to both instructors and students regarding the rate of chest compression. This allows each student to gauge their rate of compressions on their own as well as allowing the instructor to monitor several students quickly and easily.

The indicator works in the form of a green light when the compression rate reaches or is greater than 100 compressions per minute, and a red light when less than 100 compressions per minute or greater than 120 compressions per minute. The watch design makes the device easy to operate and carry.

### Features:



Adjustable Wrist Band.

ON/OFF Button

Dual-colored Indicator Light

#### 1. ON/OFF button

Press once to turn unit on and press again to turn it off. The device, if activated accidentally, will turn off automatically after 3 minutes.

#### 2. Dual-colored Indicator Light

The indicator light will turn to green when compressions are 100 per minute or more. A blinking red light will be visible when compressions are less than 100 per minute or greater than 120 per minute

### Components:

Compression Rate Monitor    Instruction manual

Storage case



### Operating Instructions:

1. Take out the Compression Rate Monitor from the storage case. Straighten the wrist band and remove out the unit from the wrist band.



2. Open the battery compartment in the back of the unit by turning the cover counterclockwise.



3. Take out the battery and the plastic tab.



4. Install battery with anode (+) facing up. Please assure you are using a new battery for best performance.



5. Reposition the battery compartment cover by turning it in clockwise.



6. Put the unit back in the wrist band, note the proper direction of the ON/OFF button as shown.



7. Wear the monitor on the wrist.  
Note: the ON/OFF button should be on the side closest to the elbow.



8. Press the ON/OFF button to turn on the monitor and start CPR.

- Hand Placement:
- ◆ Place heel of one hand in center of chest
  - ◆ Interlock fingers of the other hand
  - ◆ Lean forward so your shoulders are over your hands
  - ◆ Press straight down with elbows straight.



**Specification:**

Model No(s): WLCRM  
Name: Compression Rate Monitor  
Power Supply: DC3V, 1\*CR2032  
Static Current: 20uA Max  
Working Current: 20mA Max

No.	Contents	Quantity	Unit	Remark
1	Compression Rate Monitor	1	pc	1pc for 1pack
2	Instruction Manual	1	pc	
3	Storage case	1	pc	
4	Battery	1	pc	DC3V, CR2032